



Anekant Education Society's
College of Pharmacy,
Baramati.

PHARMAKINE
NEWS LETTER
2024-2025
(July)

LIST OF ACTIVITY

July 2025

ACTIVITY NO.	NAME OF ACTIVITY	DATE
1	BLOOD DONATION CAMP	14/07/2025
2	HEALTH SEMINAR	15/07/2025-17/07/2025
	"FROM AWARENESS TO ACTION : TAKING CONTROL OF YOUR HEALTH" DR. HARSHAVARDHAN VHORA.	15/07/2025
	DENTAL HEALTH : PROBLEMS AND SOLUTIONS BY DR. SAURABH DOSHI	16/07/2025
	"AWARENESS IS POWER : UNDERSTANDING DISEASES AND CANCERS IN WOMEN." DR. JAYAPRAKASH J. SHAH DR. GEETANJALI KETAN AMBARDEKAR	17/07/2025
3	MEDICAL CHECK UP CAMP	14/07/2025-17/07/2025
4	TREE PLANTATION	23/07/2025
5	LOKMANYA TILAK JAYANTI	23/07/2025

BLOOD DONATION CAMP

Date- 14 July 2025

On 14th July 2025, a Blood Donation Camp was successfully organized at the Anekant Education Society's College of Pharmacy, Baramati, in collaboration with the Indian Red Cross Society's Late Manikbhai Chandulal Saraf Blood Center, Baramati. The event aimed to promote voluntary blood donation and create awareness about its importance in saving lives.

The camp witnessed enthusiastic participation from students, faculty members, and community members. The event was well-coordinated with the help of dedicated student volunteers, who managed registration, assisted medical staff, guided donors, and ensured the smooth functioning of the entire process.

A team of qualified medical professionals from the Blood Center conducted health screening of all prospective donors, including hemoglobin testing, blood pressure measurement, and basic medical history checks to ensure donor safety. Sterile and safe procedures were strictly followed during the blood collection process.

A total of 102 participants came forward to donate blood, contributing significantly to the blood bank's reserve. Each donor was provided with refreshments and a certificate of appreciation as a token of gratitude for their selfless act.

The event not only helped in replenishing the blood bank's stock but also instilled a sense of social responsibility among the participants. The successful organization of the camp reflected the collaborative spirit of the institution, the blood center, and the student volunteers, working together towards a noble cause.

PHOTOGRAPHS OF EVENT



HEALTH SEMINAR CAMP

Date- 15-17 July 2025

"FROM AWARENESS TO ACTION : TAKING CONTROL OF YOUR HEALTH"

BY

DR. HARSHAVARDHAN VHORA.

DATE: 15 JULY 2025

A health awareness session titled *"From Awareness to Action: Taking Control of Your Health"* was successfully organized at Anekant Education Society's College of Pharmacy, Baramati. The session was conducted by Dr. Harshavardhan Vhora, a renowned healthcare expert known for his contributions to preventive medicine and lifestyle management. Hon. Mr. Satyajeet Shantilal Shah (Pandarkar), Member Anekant Education Society, Baramati and Chairman Jr. College Tuljaram Chaturchand Mahavidyalaya, Baramati was present as chief guest for seminar. The event focused on empowering students and faculty members with practical knowledge about maintaining overall well-being through early awareness, balanced nutrition, regular physical activity, stress management, and timely health screenings. Dr. Vhora emphasized the shift from passive awareness to proactive health actions, encouraging attendees to take charge of their personal health through informed decisions. The session witnessed enthusiastic participation and concluded with an engaging Q&A segment, where Dr. Vhora addressed common health concerns and shared valuable guidance. This initiative was part of the institute's ongoing efforts to promote a culture of wellness and health consciousness among the academic community.

PHOTOGRAPHS OF SEMINAR



DENTAL HEALTH : PROBLEMS AND SOLUTIONS

BY

DR. SAURABH DOSHI

DATE: 16 JULY 2025

A guest lecture on "*Dental Health: Problems and Solutions*" was organized on 16th July 2025 at Anekant Education Society's College of Pharmacy, Baramati. The session was conducted by Dr. Saurabh Doshi, an experienced dental health specialist, who provided valuable insights into common dental problems and their effective prevention and management. Hon. Mr. Bakul Ramesh Doshi, Member Anekant Education Society, Baramati and Dr. Harshvardhan Vhora, Chest Physician was present as chief guest for the seminar. The lecture covered key topics such as dental hygiene practices, causes and treatment of cavities, gum diseases, tooth sensitivity, and the importance of regular dental check-ups. Dr. Doshi also explained the effects of diet, lifestyle, and tobacco on oral health. He encouraged students and staff to adopt simple but consistent oral care habits to maintain a healthy smile. The session was highly informative and interactive, with participants actively engaging in discussions and clearing their doubts. This initiative was part of the institute's broader commitment to promoting preventive healthcare awareness among students and faculty.

PHOTOGRAPHS OF SEMINAR



AWARENESS IS POWER : UNDERSTANDING DISEASES AND CANCERS IN WOMEN."

BY

DR. JAYAPRAKASH J. SHAH & DR. GEETANJALI KETAN AMBARDEKAR

DATE: 17 JULY 2025

A highly informative awareness session titled *"Awareness is Power: Understanding Diseases and Cancers in Women"* was conducted on 17th July 2025 at Anekant Education Society's College of Pharmacy, Baramati. The session was led by distinguished experts Dr. Jayaprakash J. Shah and Dr. Geetanjali Ketan Ambardekar, who addressed crucial health challenges faced by women, with a particular emphasis on breast cancer. Hon. Mrs. Sangita Shah (Wagholikar) and Hon. Mrs. Kshama Shah (Wagholikar) was present for the seminar as chief guest. The speakers discussed early warning signs, risk factors, genetic predispositions, lifestyle influences, and the importance of early detection through self-examination and routine screenings like mammography. They also touched upon other prevalent conditions such as cervical cancer, PCOS, and hormonal imbalances, highlighting the importance of awareness, timely intervention, and destigmatizing conversations around women's health. The session was well-received by students and staff, especially female attendees who actively participated and raised pertinent questions. This initiative was a part of the college's commitment to women's health education and community wellness empowerment.

A key highlight of the session was the interactive Question & Answer segment conducted by Dr. Jayaprakash J. Shah, where participants were encouraged to ask questions regarding symptoms, prevention, screening methods, and treatment options. Dr. Shah patiently addressed each query with scientific clarity and a compassionate approach, helping to dispel myths and reduce anxiety related to these conditions.

PHOTOGRAPHS OF SEMINAR



MEDICAL CHECK UP CAMP

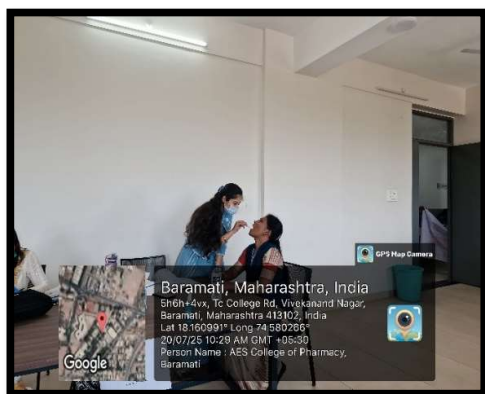
Date- 14-17 July 2025

A total of 184 participants were screened during the community health check-up camp held at Anekant Education Society's College of Pharmacy, Baramati, with the primary objective of promoting preventive healthcare and raising awareness about common health issues. The camp provided essential diagnostic services including Complete Blood Count (CBC), Blood Glucose Level, Electrocardiogram (ECG), and Dental Check-up. All participants underwent each of these tests to ensure a thorough and comprehensive health assessment.

The camp was made successful through the dedicated support and active involvement of several esteemed healthcare professionals. Dr. Pankaj Gandhi (M.D. Pathology, Mangal Laboratory, Baramati) and Dr. Vishal J. Mehta (Mehta Multi Speciality Hospital, Baramati) played a vital role by conducting and supervising CBC and blood glucose tests, as well as ECG screenings.

The dental check-up was conducted by Dr. Sourabh Doshi (Dentist), who also provided valuable oral health counselling to the participants. Furthermore, Dr. Harshavardhan S. Vhora (MBBS, MD Pulmonology, Dr. Harshvardhan Vhora's Clinic, Cinema Road, Baramati) contributed significantly by reviewing ECG reports and offering expert pulmonary health guidance. The collaborative efforts of these medical professionals, along with the support of volunteers and organizing staff, ensured the smooth execution of the camp. The initiative received a positive response from the community and reflected the importance of early detection and preventive measures in maintaining good health. The management of Anekant Education Society's College of Pharmacy, Baramati expresses its heartfelt gratitude to all doctors and supporting teams for their time, expertise, and generous support, which were instrumental in making this health camp a grand success.

PHOTOGRAPHS OF EVENT



TREE PLANTATION IN BOTANICAL GARDEN

Date- 23 July 2025

On 23rd July 2025, a Tree Plantation Programme was organized in the Dhanwantari Medicinal Garden of Anekant Education Society's College of Pharmacy, Baramati. The plantation was carried out following a unique traditional approach, aligning with 27 Nakshatra, 12 Rashi, 9 Grah, and 15 medicinal plant concepts, ensuring both cultural significance and ecological benefits.

A wide variety of trees and medicinal plants were planted, including: Rui, Udumbara, Palas, Khair, Durva, Shami, Darbh, Aaghada, Pimple, Arjun, Jui, Padali, Nagchafa, Jambhul, Raktchandan, Kadulimb, Kadamb, Fanas, Shalmali, Kavath, Bel, Chameli, Parosa Pimpal, Sitecha Ashok, Vad, Pimpal, Bamboo, Amla, Kuchala, Moh, Aamba, Rudraksh, Vet, Dhup, Katesawar, and Bakul.

This initiative not only enriched the botanical diversity of the campus but also promoted awareness about the importance of conserving plants with medicinal, religious, and environmental value. The programme received active participation from staff, students, and volunteers, reflecting the institution's commitment to sustainability and traditional knowledge conservation.

Such plantation drives serve as a living laboratory for pharmacy students, enabling them to study the medicinal properties, ecological roles, and cultural heritage of diverse plant species while contributing to environmental protection.

PHOTOGRAPHS OF PLANTATION



LOKMANYA TILAK JAYANTI

Date- 23 July 2025

On the occasion of Lokmanya Tilak Jayanti, a commemorative event was held on 23rd July 2025 at 11:00 AM in the Ground Floor Lobby of AESCOP. The program was organized to pay tribute to Lokmanya Bal Gangadhar Tilak, the great freedom fighter, social reformer, and visionary who played a pivotal role in India's struggle for independence.

The event served as a platform to enlighten students and staff about Tilak's contributions to the nation and to revive his message of Swarajya, unity, and education. The celebration included speeches, presentations, and student participation that reflected his thoughts and values.

Highlights of the event included:

- A warm welcome speech was delivered by the Program Coordinator, setting the tone for the event and highlighting its significance.
- Inspirational Speech on the life, reforms, and contributions of Lokmanya Tilak to the society.

Tilak was one of the trinity of extremist leaders (Lal-Bal-Pal) and was a prominent figure in the Indian National Congress, pushing for assertive action against British rule. He also made significant contributions to education, social reforms, and cultural pride.

In 2025, Lokmanya Tilak Jayanti marks his 169th birth anniversary, and across India—especially in Maharashtra—various programs such as speeches, essay competitions, rallies, and cultural events are held to honor his legacy and inspire future generations with his vision of a strong and self-reliant India.

Tilak's life remains a guiding light for patriotic fervor, courage, and dedication to national service.

PHOTOGRAPHS OF EVENT

