



Anekant Education Society's
College of Pharmacy,
Baramati.

PHARMAKINE
NEWS LETTER
2025-2026
(July)

LIST OF ACTIVITY

July 2026

ACTIVITY NO.	NAME OF ACTIVITY	DATE
1	CPR TRAINING AND BOOD PRESSURE CHEKING TRAINING AT ANEKANT ENGLISH MEDIUM SCHOOL	18/07/2026
2	LATE HON. AJITDADA PAWAR JAYANTI	22/07/2026
3	LOKMANYA TILAK JAYANTI	23/07/2026

**CPR TRAINING AND BLOOD PRESSURE CHECKING TRAINING
AT
ANEKANT ENGLISH MEDIUM SCHOOL**

Date: 18/07/2026

The CPR Training and Blood Pressure Measurement Training Programme was successfully organized on Saturday, 11 July 2026, at Anekant English Medium School, Baramati, as part of the collaborative initiative between Anekant English Medium School and Anekant Education Society's College of Pharmacy, Baramati. The programme was conducted in response to the implementation of CBSE Kaushal Vikas (Skill Education) for students of Grades IX and X with the objective of imparting practical healthcare skills, promoting emergency preparedness, and creating health awareness among school students.

The programme was coordinated by Ms. Sukanya Paricharak, Mrs. Namrata Gaikwad, Mrs. Charusheela Jagtap, and Mr. Ketan Mehta (Technical Coordinator). Diploma in Pharmacy student volunteers actively assisted in conducting demonstrations, supervising practical sessions, and guiding the participants throughout the programme.

A total of 110 students participated enthusiastically in the training programme. The session commenced with an overview of emergency response, the importance of Basic Life Support (BLS), and the role of first responders in saving lives during medical emergencies. Students were sensitized to recognize emergency situations, seek timely medical assistance, and understand the importance of immediate intervention in cases of cardiac arrest.

A comprehensive Cardiopulmonary Resuscitation (CPR) training was conducted using CPR manikins. Faculty members first demonstrated the complete CPR procedure, including assessment of scene safety, checking responsiveness and breathing, activation of emergency medical services, proper hand placement, correct chest compression technique, recommended compression depth and rate, rescue breathing concepts, and the role of Automated External Defibrillators (AEDs). Following the demonstration, all 110 students participated in hands-on practical training, where they individually practiced chest compressions and the complete CPR sequence on the manikins under the close supervision of faculty members and trained student volunteers. Individual guidance and corrective feedback were provided to ensure proper technique, posture, compression

depth, and rhythm, thereby improving the students' confidence and competence in performing CPR.

The Blood Pressure Measurement Training included an interactive session on the principles of blood pressure, normal and abnormal blood pressure values, hypertension, preventive healthcare, and the importance of regular monitoring. Faculty members demonstrated the correct method of measuring blood pressure using sphygmomanometers and stethoscopes, emphasizing patient positioning, cuff selection, cuff placement, identification of Korotkoff sounds, recording systolic and diastolic readings, and interpretation of results. Each participant was then given the opportunity to perform hands-on blood pressure measurement in pairs under direct supervision. Faculty members and student volunteers observed every participant, corrected procedural errors, and provided individualized guidance to ensure accurate measurement techniques and proper handling of the equipment.

The programme followed an experiential learning approach, where demonstrations were immediately reinforced through supervised practical exercises. This hands-on training enabled every student to actively perform both CPR and blood pressure measurement, transforming theoretical knowledge into practical skills. The interactive nature of the sessions, combined with continuous mentoring, significantly enhanced students' confidence in applying these essential healthcare techniques.

The active participation of Diploma Pharmacy student volunteers greatly contributed to the success of the programme by facilitating small-group practical sessions, ensuring adequate individual attention, and promoting peer-assisted learning. Their involvement also highlighted the importance of community service and healthcare outreach among future pharmacy professionals.

Overall, the collaborative programme successfully achieved its objectives of equipping 110 school students with fundamental life-saving and basic clinical skills through demonstration followed by extensive hands-on training. The initiative strengthened academic collaboration between the institutions under Anekant Education Society, promoted skill-based learning in accordance with the objectives of CBSE Kaushal Vikas (Skill Education), and empowered students with practical competencies that can be effectively utilized during medical emergencies and in routine health monitoring.

This version specifically highlights that every one of the 110 students performed hands-on CPR practice and hands-on blood pressure measurement, making it suitable for NAAC, PCI, IQAC, and activity report documentation.

PHOTOGRAPHS OF CPR TRAINING



PHOTOGRAPHS OF BLOOD PRESSURE CHEKUP TRAINING



LATE HON. AJITDADA PAWAR JAYANTI

Date: 22/07/2026

On the occasion of Hon. Ajit Dada Pawar Jayanti, Anekant Education Society's College of Pharmacy (AESCOP), Baramati, organized a commemorative programme on 22 July 2026 at 11.00 a.m. in the Ground Floor Lobby to pay tribute to the life, vision, and public service of Hon. Ajit Dada Pawar.

The programme aimed to create awareness among students about his significant contributions to the development of Maharashtra and to inspire them with the values of dedication, discipline, leadership, and commitment to public welfare. Through this celebration, students were encouraged to develop a sense of social responsibility, participate actively in community service, and contribute towards nation-building.

The activity also highlighted the importance of education, rural development, agriculture, and the cooperative movement, reflecting the developmental initiatives associated with Hon. Ajit Dada Pawar's public life. Furthermore, the programme motivated students to cultivate leadership qualities, strengthen the spirit of unity and inclusive development, and appreciate the principles of good governance, sustainable development, and responsible citizenship.

The celebration was conducted with enthusiasm and respect, with faculty members, staff, and students participating wholeheartedly. The programme served as an opportunity to remember and acknowledge the contributions of Hon. Ajit Dada Pawar while encouraging students to imbibe values of service, leadership, and commitment towards society.

PHOTOGRAPHS OF PROGRAM





Anekant Education Society's College of Pharmacy, Baramati

Birth Anniversary

Late Hon. Shri Ajitdada Anantrao Pawar

*"Remembering a visionary leader
whose dedication to public service,
good governance, and the development
of Maharashtra continues to
inspire generations."*



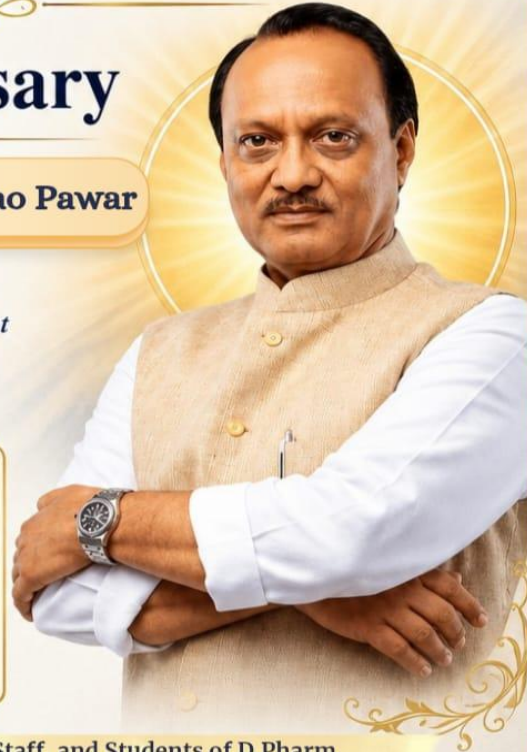
Date:
Wednesday, 22 July 2026



Time:
11:00 AM



Venue:
Ground Floor Lobby
Anekant Education Society's
College of Pharmacy, Baramati



All Teaching Staff, Non-Teaching Staff, and Students of D.Pharm.
& B.Pharm. are informed to attend the Birth Anniversary of Late
Hon. Shri Ajitdada Anantrao Pawar and pay respectful homage to
his remarkable contributions to public service and the
development of Maharashtra.



LOKMANYA TILAK JAYANTI

Date- 23 July 2026

On the occasion of Lokmanya Tilak Jayanti, a commemorative event was held on 23rd July 2026 at 04:30 pm in the Ground Floor Lobby of AESCOP. The program was organized to pay tribute to Lokmanya Bal Gangadhar Tilak, the great freedom fighter, social reformer, and visionary who played a pivotal role in India's struggle for independence.

The event served as a platform to enlighten students and staff about Tilak's contributions to the nation and to revive his message of Swarajya, unity, and education. The celebration included speeches, presentations, and student participation that reflected his thoughts and values.

Highlights of the event included:

- A warm welcome speech was delivered by the Program Coordinator, setting the tone for the event and highlighting its significance.
- Inspirational Speech on the life, reforms, and contributions of Lokmanya Tilak to the society.

Tilak was one of the trinity of extremist leaders (Lal-Bal-Pal) and was a prominent figure in the Indian National Congress, pushing for assertive action against British rule. He also made significant contributions to education, social reforms, and cultural pride.

In 2026, Lokmanya Tilak Jayanti marks his 169th birth anniversary, and across India—especially in Maharashtra—various programs such as speeches, essay competitions, rallies, and cultural events are held to honor his legacy and inspire future generations with his vision of a strong and self-reliant India.

Tilak's life remains a guiding light for patriotic fervor, courage, and dedication to national service.

PHOTOGRAPHS OF EVENT

